

Contra Costa Gospel Church
All Church Summer Retreat – Missions Springs Conference Center
July 9-11, 2010

Packing List

Please try to pack as light as possible so that there is enough room in your car's trunk.

Clothes

- Jeans or long pants (for evening times)
- Light jacket or sweatshirt
- Comfortable walking shoes
- Shorts/t-shirts
- Swimsuit (modesty please)
- Socks/underwear
- Sunglasses
- Shower sandals

Other Essentials

- **Bible**
- Notebook and pen
- Pillow
- Sleeping bag
- Ear plugs (in case of snorers)
- Hanger for marshmallow toasting

Personal Items

- Toothbrush, toothpaste
- Shampoo, soap
- Contact lens solution
- Sunblock
- Lip balm
- Shower towel
- **Flashlight**
- Plastic bag for wet/dirty clothes
- Water bottle
- Camera
- Music players are only allowed during the car ride. Please refrain from using them during the retreat.